



**KARMA BARRE AND YOGA  
IS GOING TO THE DOGS...  
ITS OUR PAWS AND POSE  
OPEN HOUSE AND  
ADOPTION EVENT!**



**DONATION BASED  
CLASSES ALL  
MORNING!**

**ALL PROCEEDS WILL GO TO THE ASSOCIATED  
HUMANE SOCIETY IN TINTON FALLS**

**OR CONSIDER BRINGING ITEMS FROM THE  
SHELTER WISHLIST BELOW!**

**THERE WILL ALSO BE SOME CUTE PUPS HERE  
WAITING TO BE ADOPTED!!!!**

# LET'S SHOW SOME LOVE TO OUR FURRY FRIENDS!

**WHEN: SATURDAY, JAN 11TH**  
**TIME: 730AM TIL 1 PM**



## SHELTER WISH LIST

ASSOCIATED HUMANE SOCIETIES  
2960 SHAFTO ROAD  
TINTON FALLS, NJ 07753  
732.922.0100  
tintonfallsahs@ahsppz.org

### CLEANING SUPPLIES

Clorox Wipes/Spray, Paper Towels  
Laundry, Dish & Dishwasher Detergent

### CAT/DOG SUPPLIES

Pedigree Wet & Dry Dog Food  
Purina Cat/Kitten Chow (ALL ONE COLOR)  
Friskies Wet Cat Food (NO FISH)  
Fancy Feast Wet Kitten Food  
Cat Toys, Temptation Cat Treats  
Interactive Dog Toys (Kong's, Puzzles)  
Miracle Nipples

### SMALL ANIMAL SUPPLIES

Rabbit & Guinea Pig Food  
Timothy Hay  
Care Fresh Bedding  
Small Animal Chew Toys/Treats

### AMAZON WISH LIST





## **Paws and Pose: Adoption Event**

Join us for a very special Paws and Pose event! AHS will be bringing a few adoptable dogs as well as selling merch and sharing our mission.

Free classes will be offered all morning to those who attend!



Sat January 11th 2024 from 10a-12p  
Karma Barre and Yoga 2405 Route 71  
Spring Lake Heights, NJ 07762



karma barre and yoga | 2405 Rte 71 | Spring Lake Heights, NJ 07762 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!